HOW TO STUDY PSYCHOLOGY EBOOKS

eBooks in psychology are usually about 30 pages long for each chapter with about 6 pages in one section; which can be very hard to comprehend. These study tips will help you feel more confident in your reading.

Averi Kessler

4. TEST YOURSELF

- Once you are done reading, taking notes, and making flashcards test yourself on the material.
- Write down on the back of your notes questions you think are important to know or that might be on the test.

5. REVIEW

- Review over everything you did in that chapter one last time.
- The next day before you start the next section review over your notes, flashcards, and questions you came up with.
- Repeat these steps even after you finish the chapter so you can keep reviewing.

1. READ

- Do not try to read one chapter in one day.
- Read one section a day to help you comprehend the reading better.

2. TAKE NOTES WHILE YOU READ

- Take notes of important information.
- Highlight definitions and underline important words and names.

3. MAKE FLASHCARDS

- Start making flashcards, after you are done reading of important definitions you learned.
- This will help you review the definitions you just learned by rewriting them down.
- Add pictures and examples so that it can help you visualize.