Read, Picture, Reflect (RPR) Intro to Psychology 111

Reading Strategy

**Read**
- Important to re-read after the lecture
- Breakdown the chapters into segments
- Take notes as you read and add notes to your class notes
- Write down vocab words on a separate piece of paper while reading

**Picture**
- Try to picture what you read
- While you read have a conversation with the material
- Come up with your own experiences/stories to help understand a concept
- Visual representations = increases understanding

**Reflect**
- After you finish each chapter, write down a summary of each segment on a notecard
- Use the note cards to help study for the test
- Also, use the back of the book where you can find chapter questions
- Answer the questions to your best ability and if you’re stuck, go back and re-read the segment
- Lastly, after reading the chapter start making your own study guide to prepare for the test
Overall, the RPR strategy is a great way to help a student read their psychology book. It gives them 3 steps to go off of and really concentrates on their reading, visualizing and what they know from the context. Psychology is mistaken to be common sense and in reality it’s a hard subject to learn. You’ll need to be able to apply definitions and concepts. Reading and taking notes will be key for success. Follow the RPR strategy to increase your Comprehension of psychology.

Source:
“Skills: Howtostudy.org - When You Hit the Books - and They Hit Back”